CYCLE OF PREJUDICE & OPPRESSION

BORN
into society

SYSTEMIC TRAINING
- myths
- stereotypes
- misinformation
- missing information
- biased history

TAUGHT & REINFORCED BY
- Family & friends
- Schools, teachers, books
- Religious institutions
- Media
- Government
- Cultural "standards"

INTERNALIZATION
Eventually we believe
- Stereotypes & Lies = Truth
- Human Difference = Negative
- Conscious & unconscious beliefs, attitudes
- Some groups are more valuable than others = White people are superior to people of color

RESULTS IN BEHAVIOR
- Racially prejudiced behavior
- Racist behavior & acceptance of white privilege
- Behavior based on internalized racism

SOCIETAL MESSAGE
- Don't make waves
- Don't challenge status quo

TO INTERRUPT THE CYCLE
- We must UNLEARN the UNTRUTHS
- Replace with new attitudes & knowledge
- Develop anti-racist skills
- Take anti-racist action

CONFUSION
HURT
ANGER
FEAR